



CLASS SCHEDULE

MONDAY

TUESDAY

WED

THURSDAY

FRIDAY

Younger Programs (Ages 5 - 7)

WHITE UNIFORM	5:00 - 5:30	6:15 - 6:45	---	6:30 - 7:00	---
RED UNIFORM	5:30 - 6:00	5:00 - 5:30	---	7:00 - 7:30	---

Older Programs (Ages 8 - 12)

WHITE UNIFORM	6:00 - 6:45	5:30 - 6:15	---	5:45 - 6:30	---
RED UNIFORM	6:45 - 7:30	6:45 - 7:30	---	5:00 - 5:45	---
ADVANCED	7:30 - 8:15	---	---	7:30 - 8:15	---

TEENS & ADULTS	7:30 - 8:15	7:30 - 8:15	---	7:30 - 8:15	---
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COMPETITION CLASS	---	---	---	---	5:30 - 6:30
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Contact us:

770-466-KICK(5425)



patriotkaraterocks.com



**136 C.S. Floyd Rd.
Loganville, GA 30052**



-Please arrive 5 - 10 minutes prior to your class.

-Please wear shoes when not on the mat.

-Please bow on and off the edge of the mat confidently.

-Please attend a minimum of two classes per week.

-Please bring your gear to every class.

-Please sign in before every class.

-Please do your best!

****If you arrive late to your class remain at the edge of the mat until an instructor gives you permission to enter the class.****